

# ARE YOU PREPARED FOR A DISASTER?

## What Does the Course Involve?

The CERT course consists of 21 hours of training, and is taught by certified CERT instructors and professional emergency responders including: firefighters, emergency medical and law enforcement personnel from your community.

The course units and agenda includes:

### 1. DISASTER PREPAREDNESS

Introduction to disasters and their impact on infrastructures, the role of CERT's in disaster response.

### 2. FIRE SUPPRESSION

Identifying and reducing potential fire hazards, basic fire suppression, resources and techniques.

### 3. MEDICAL OPERATIONS

Part 1: Treatment strategies for life threatening conditions and principles of triage. Part 2: Head-to-toe assessments, treatment for various injuries.

### 4. LIGHT SEARCH AND RESCUE

Techniques for scene size-up and search, lifting, cribbing and removing victims, with emphasis on rescuer safety.

### 5. CERT TEAM ORGANIZATION

CERT equipment, organizing your team, decision making.

### 6. DISASTER PSYCHOLOGY

Post disaster emotional environment.

### 7. TERRORISM AWARENESS

Also includes a course review and shelter in place information.

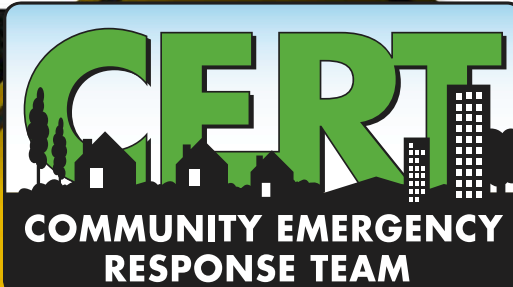
### 8. DISASTER SIMULATION EXERCISE

## Do I have to join a CERT team?

**NO!** To better educate yourself in a specific area of interest, you may choose to take that one unit or as many others as you need. Even if you choose to take the full curriculum (we hope that you do) you don't have to become a CERT team member.

## What Does the Course Cost?

**NOTHING! IT'S FREE TO EVERYONE!**



## Why Is There a Need For CERT?

Each year, many Missouri communities are rocked by severe weather, such as tornadoes, floods or flash floods, winter storms, or by "man made" disasters. The damage caused by such disasters effect everyone. Disasters can severely restrict and overwhelm emergency response resources, communications, transportation and utilities; and leave individuals and neighborhoods cut off from outside emergency support.

**citizen★corps**  
Christian County, Missouri



## TRAINING FOR LOCAL COMMUNITY PREPAREDNESS

417-581-2126 [www.ema.christiancountymo.gov](http://www.ema.christiancountymo.gov)

## What if a disaster happened to you?

CERT members are trained to take care of themselves and then as a team, help others in their community for the first three days following a major disaster. This is when debris-clogged or damaged roads, disrupted communications or high volume of calls may prevent access by emergency response personnel. The purpose of CERT training is to provide citizens with the basic skills required to handle virtually all their own needs and then to be able to respond to their communities' needs in the aftermath of a disaster. Living in Southwest Missouri we've had our share of disasters, be it an ice storm, tornado or other natural or man-made disaster... are you ready for the next one?

**FOR ADDITIONAL INFORMATION OR TO REGISTER FOR THE NEXT CLASS**

Contact the Christian County CERT Director or visit our Corporate Sponsors.

# 417-773-6433

# www.CCCERT.org

## **FAMILY PHARMACY**

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